

South Dakota Psychological Association

WINTER 2013



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This e-newsletter has been sent to you as a member of the South Dakota Psychological Association (SDPA) or as a subscriber to this newsletter.

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From The Desk of the President

Sally Weyer, Ph.D.

Western South Dakota has had its trials since a blizzard hit the area on October 4. The loss has been devastating for farmers and ranchers that lost livestock. This untimely climate event followed a prior year of drought in which those who live off the land were sorely stretched. In communities all over the Black Hills, trees, both young and those over 100 years old, were severely damaged or completely toppled in the storm. People are still trying to recover from being without power, and stressed with the task of clean up.

All of this came one week after our SDPA annual conference where our speaker, Dr. Michael R. Rosmann, encouraged us to consider the challenges that face farm and ranching families.

We often take them for granted when we buy steak or other groceries at the store. They play a vital role in our lives. Now we have an opportunity as psychologists and mental health providers to play a vital role in theirs. Please review your catchment area, and consider how you might reach out to these families that are now struggling emotionally with the loss, and financially.

Consider how you might help with the anxiety and depression, and help build up and strengthen perseverance, fortitude, and hope. ■



FAC Update

Scott Pribyl, Ed.D.



Advertise with SDPA

The SDPA Newsletter is published three times per year and sent to the SDPA membership electronically.

SDPA Advertising Policy

- The SDPA allows advertising for job announcement, mental health continuing education workshop opportunities or announcements regarding psychology practices. These advertisements must come ready for publication. SDPA will not modify advertisements received.

- Each advertisement will be approved by the SDPA President or the President's designee before it is published.

- Once approved, the advertisement will be posted according to the following:

\$25.00 for each posting on the listserv.
\$25.00 for inclusion in each newsletter.

- The following disclaimer will be included at the top of advertisement postings: "The following are advertisements. The SDPA does not endorse these entities nor are they affiliated with the SDPA. Please contact the entity directly for further information."

If you have any questions regarding advertising in the SDPA Newsletter, please contact SDPA at (605) 224-8118 or SDPA@midwestsolutionsd.com.

SDPA Newsletter Advertising Deadlines:

- Spring Edition: March 1st
- Summer Edition: July 1st
- Winter Edition: November 1st

CMS gives notice of delayed release of the Medicare physician fee schedule.

In a notice issued on October 23, 2013, the Centers for Medicare and Medicaid Services (CMS) announced that the final rule on the 2014 physician fee schedule, originally scheduled to be released in early November, has been delayed due to the recent federal government shutdown. CMS will release the final rule on or before November 27, with the new fee schedule taking effect on January 1, 2014. This year's final rule is of great importance to psychologists since CMS is expected to announce its decision on final payment rates for the new psychotherapy codes.

As mentioned in the information alert distributed on September 9th, we outline the proposed rule and describe the significant cuts to the family of psychotherapy codes. [In a comment letter to CMS](#), APAPO addresses concerns with the declining payment rates for the 2014 psychotherapy codes. APAPO will inform you when the final rule is released.

Sequestration cuts will likely remain in effect: For psychologists and all other Medicare providers, an additional 2% reduction in payments beginning in 2014 – on top of the 2% implemented in 2013.

Sequestration payment reduction: As a result of the Budget Control Act of 2011 and the failure of the Joint Committee on Deficit Reduction to come

to an agreement on \$1.2 trillion in debt savings, sequestration took effect on January 1, 2013. This means for Medicare providers a 2% payment reduction each year through 2021, unless Congress intervenes.

Currently, the House and Senate Budget Committees are in negotiations to address deficit reduction and fiscal year 2014 spending levels. As part of

the legislative agreement passed to re-open the government on October 17, the assigned budget conference committee must submit final recommendations by December 13th. In those negotiations ending the ongoing sequestration cuts continues to be an agenda item. Unless sequestration is ended, it will slice an additional

2% off reimbursement rates for psychologists and all other Medicare providers on January 1, 2014.

In addition to sequestration cuts, once again psychology will have to wage an end-of-year battle to halt the scheduled 24.7% percent Sustainable Growth Rate (SGR) cut. APAPO will keep you advised as Congress works to address this looming problem. An action alert focusing on SGR will be coming in the near future. ■

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Putting Your Practice Assessment to Work



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Student Representative Update

Rosalie Brueske, M.A.

Greetings from the clinical psychology program at The University of South Dakota. Described below is general information pertaining to the program and an update on the current students.

The mission of the Clinical Psychology Program is to prepare clinical psychologists who will work effectively as scientist-practitioners within the culturally diverse world.

TRAINING MODEL AND GOALS

The Clinical Psychology Program adheres to the scientist-practitioner model of training. As a scientist practitioner program, we seek to prepare psychologists who are not only able to generate new knowledge through their research and scholarly activities, but who are also able to be effective consumers of the literature and to effectively integrate science and scientific thinking into their clinical practice. Furthermore, we seek to prepare psychologists who strive to adhere to high ethical and professional standards and who are sensitive to, and advocate for inclusion of, diverse perspectives in their research and clinical activities.

Consistent with the scientist-practitioner training model, the Program has three primary goals:

- To prepare clinical psychologists who are skilled in the interface of theory, science, and practice.
- To prepare clinical psychologists who have the appropriate theoretical background, skills, and experience to function as professionals in a research, clinical, and academic capacity.
- To prepare socially responsible clinical psychologists who demonstrate respect for individual and cultural differences in their contributions to the science and practice of psychology.

PROGRAM EMPHASES AND ORIENTATION

The Program offers a broad exposure to a range of clinical and research training experiences involving a variety of settings and populations.

The Program incorporates an evidence-based approach to its clinical training. While the primary theoretical orientation of the clinical faculty and practicum supervisors is cognitive-behavioral, specific theoretical orientations of individual clinical faculty and supervisors also include behavioral, developmental/systems, and psychodynamic (such as interpersonal; object relations).

Supervised clinical training is available on campus and in the community. Students receive ongoing training through the in-house training clinic, the Psychological Services Center starting in their 2nd year in the program, and opportunities for at least two additional 9-12 month practicum experiences at various sites (i.e., Dakota Counseling Institute; Lewis & Clark Behavioral Health; Mickelson Center for the Neurosciences (HSC); Abbott House/Aspire Counseling; Family Medicine Residency; Jackson Recovery Centers; Winnebago Youth Facility; Psychological Services Center at The University of South Dakota; and Student

Counseling Center at The University of South Dakota).

Program faculty maintains active research programs involving laboratory-based research, survey studies, and/or community-based, field research. As such, students are exposed to a diversity of research methodologies, including traditional quantitative methods as well as qualitative and program evaluation approaches. Specific faculty research interests include (1) rural community psychology; (2) cross-cultural/individual differences, with a particular focus on Native American mental health; (3) disaster mental health and psychological first aid; (4) trauma (including interpersonal trauma, generational trauma, and PTSD); (5) ethics and professional issues; (6) substance abuse; (7) integrated health care, and, (8) health disparities.

ADDITIONAL INFORMATION

Clinical Faculty

There are 8 clinical psychology faculty (out of 15 full time Department of Psychology faculty). The Director of the Program is Dr. Barbara Yutzenka, the Director of the Psychological Services Center is Dr. Beth Boyd, and the Director of the Disaster Mental Health Institute is Dr. Jerry Jacobs.

Clinical Psychology Students

In 2013-2014, there are 30 students in residence, 5 students on internship, and 5 ABD students. Each year, the program has between 60-120 applicants and admits 6-7 students. All students admitted to the Clinical Program are provided graduate assistantships and a tuition reduction to 1/3 of the in-state tuition cost. Current internship sites include: The University of Kansas Medical Center; VAMC in Hampton, VA; Yale University; Texas Health Sciences in San Antonio; and The University of Manitoba Medical School.

Placement of Program Graduates

Since 1971 the program has graduated over 250 Ph.D. clinical psychologists. In the past decade, approximately 12% have chosen to complete specialized research or clinical post-doctoral training after graduation. The remaining 88% have secured their initial employment in the following settings: VA and Military Hospitals (36%); Community Mental Health Centers (12%); Public and Private Psychiatric or General Medical Hospitals (8%); Academic Positions (10%); University Student Counseling Centers (3%); Correctional Settings (5%); Private Practice (2%); and Miscellaneous Other Positions (12%).

FOR MORE INFORMATION, please visit the Clinical Psychology Program's website (www.usd.edu/ctp) or contact the program at clinicalpsych@usd.edu or 605-677-5353. ■

Council of Representatives Update

Jodi Owen Psy. D.

Things have been fairly quiet since our last meeting in August. An "Implementation Work Group" (IWG) is being formulated to help address how to implement the changes COR voted on in August to restructure COR. I will hear more about progress on this at our Feb meeting and will make sure SDPA is updated.

APA is working on a resolution on Gun Violence. It is currently in draft form and will likely be accepted at our Feb meeting and will see that SDPA Listserve gets a copy of that, too. ■

THE 89TH LEGISLATIVE SESSION

The SDPA Office Update

The 2014 Legislative Session is almost upon us! Session is scheduled to begin Tuesday, January 14th at noon and continue for 38 legislative days, officially adjourning on March 31st often referred to as "veto day." During Session, SDPA will be sending out weekly Legislative Updates which include bills of interest, a brief explanation of each bill, the status of these bills and a link to the language of the bill on the SD Legislative Research Council website. We hope you find these updates useful and informative. If you are interested in the legislative process, the SD Legislative Research Council website (<http://legis.sd.gov/>) has a lot of great information that is updated routinely during Session. You can also listen to committee hearings from any computer by utilizing the links on this website.

Legislators need to hear from their constituents about issues important to psychologists. Please reach out to legislators and foster a relationship that continues not only during session, but throughout the year. You will never know what an impact you can have on the legislative process until you get involved!

From the SDPA staff, we would like to wish each of you a warm and happy Holiday Season and a peaceful and prosperous New Year! ■

Happy Holidays!

Warmest thoughts and best wishes for a wonderful Holiday and a Happy New Year.

Congratulations!

Award Winners from the 2013 SDPA Annual Conference
1st: Rosalie Brueske | 2nd: Christine Tirabassi | 3rd: Aaron Bleess

(In Picture - From Left to Right) Sally Weyer, Aaron Bleess, Rosalie Brueske, Christine Tirabassi, and Jill Morris.

