



INSIDE THE ISSUE

- PRESIDENT'S ADDRESS ----- 1
- FAC UPDATE ----- 2
- COUNCIL OF REPRESENTATIVES UPDATE ----- 3
- ANNUAL CONFERENCE INVITATION ----- 3
- OFFICE UPDATE ----- 4
- SDPA ANNUAL CONFERENCE INFORMATION ----- 5
- SDPA ANNUAL CONFERENCE REGISTRATION FORM ----- 6

South Dakota Psychological Association


 SUMMER 2014

SDPA Executive Committee

President
Sally Weyer, Ph.D.

Past President
Liz Spivey, Ph.D.

President Elect
Teri Hastings, Ph.D.

Secretary/Treasurer
Christy Hartline, Ph.D.

Federal Advocacy Coordinator
Representative
Hilary Kindsfater, Ph.D.

APA Council of Representatives
Representative
Laura Hughes, Psy.D.

Mental Health Coalition
Representative
Jodi Owen, Psy.D.

Member at Large
Joe Blackinton, Ph.D.

Public Education Campaign
Coordinator
Laura Hughes, Psy.D.

Division I Chair
Laura Hughes, Psy.D.

Executive Director
Rachel Day

Lobbyist
Brittany Novotny, JD, MBA

Editor
Sally Weyer, Ph.D.

This e-newsletter has been sent to you as a member of the South Dakota Psychological Association (SDPA) or as a subscriber to this newsletter.

South Dakota Psychological Association
PO Box 7030, Pierre, SD 57501
Phone: 605.224.8118
Fax: 888.425.3032

From The Desk of the President

Sally Weyer, Ph.D.

Summer is coming to a close and I hope that everyone was able to carve out some time for rest and recreation. It seems that with all of the technology, it is becoming more and more difficult for professionals to leave work behind and have an actual vacation. Regardless, I certainly advocate for good self-care and encourage you to take up the challenge to reduce the amount of time you interface with your favorite device. Those who have done so have experienced a reduction in anxiety over the long haul.

I retired from my job this year and in a state of goodwill, I volunteered to help my 80-year-old neighbor with her vegetable garden. Mind you, this endeavor is something I haven't done in decades! However, I'm discovering anew that there are some things that need our immediate attention, and quite a few things that do not. Nature teaches us a different rhythm that I think is getting lost in a world that demands our attention constantly with trivial things. So, I encourage you to take up the challenge to settle into nature in even the smallest way and reconnect with a rhythm that will refresh you. ■





SDPA Fall Conference

SEPTEMBER 13-14, 2014
RAPID CITY, SD

The 2014 Conference will be September 13-14, 2014 in Rapid City, SD at the Fairfield Inn and Suites. This year's theme is: "Teens and Tweens: Assessment, Therapy, and Other Adventures." We hope to see you there!

If you have any questions, please do not hesitate to contact our office either by email (SDPA@midwestsolutionssd.com) or phone (605-224-8118).

Conference information is included in this newsletter, and is available online at www.psyd.org.

PASSING THE TORCH:
THANK YOU FROM SCOTT PRIBYL

FAC Update

Scott Pribyl, Ed.D.

I have been privileged to serve as the SDPA-APA Federal Advocacy Coordinator from May, 2003 forward. In that time, I have attended 11 State Leadership Conferences in Washington D.C. and have more strongly come to appreciate the benefit of affiliating with the APA and the synergy that is accomplished through the APA and state and territorial associations as we collaborate and join our collective knowledge, resources and connections.

An FAC's responsibilities include the facilitation of grassroots advocacy and political giving, and leading the annual Capitol Hill lobbying visits each March when psychologists meet with their Senate and House Congress members to push for legislation that improves mental and behavioral health access for various stakeholders. Among the accomplishments that have been achieved in recent years, the passage of Mental Health Parity legislation in 2008, and advocacy that has mitigated the effects of the SGR formula and other potential cuts to Medicare reimbursement rates. Much ongoing work remains to be done, to include psychologists being added under the Medicare physician definition.

I have enjoyed the professional work and the personal relationships I have been afforded as a member of the SDPA Executive Committee, and I could go on and on in outlining my sincere appreciation to many dedicated peers for their past and ongoing efforts to promote psychology for our patients and our profession. I don't want to exclude anyone, but I do want to acknowledge especially my appreciation for the work of Sally Weyer and Jodi Owen over the years. Sally has been a great resource of institutional knowledge for SDPA, and Jodi has been a mover and

a shaker in her various APA affiliations. I am also very appreciative of Brittany Novotny, Rachel Day and the Midwest Solutions team for their professional expertise in guiding SDPA. In addition, I am indebted to the APA Practice Organization and the Government Relations Organization for their tremendous support over the years, to include: Katherine Nordal, Ph.D, Executive Director for Professional Practice; Nan Klein, Ph.D, Federal Advocacy Field Team.

To all of you, named and unnamed, thank you.

.....
"I could go on and on in outlining my sincere appreciation to many dedicated peers for their past and ongoing efforts to promote psychology for our patients and our profession."
.....

In May, I informed the SDPA Executive Committee with mixed emotions that I would "retire" from my FAC duties upon SDPA seeking interested candidates and some very qualified and gifted psychologists asked to be considered. Hilary Kindsfater was chosen to take over for the remaining portion of my current 3-year term early in

July. Hilary is already quite knowledgeable about APA, SDPA and the State Leadership Conference, having attended SLCs as an APAGS while completing her Ph.D, and in 2014 as the SD Early Career Psychologist. Hilary has had an interest in becoming the SD FAC for some time and I am confident that she will bring energy, passion and skills that will greatly benefit the SDPA, our patients and psychology. My choice to step down was for a combination of personal and professional reasons after 11 years, but primarily to eliminate one of the many candles I burn. As such, I hope to have a bit more time to devote to family and other professional pursuits. I hope to see many of you at our annual SDPA conferences and I will continue to support SDPA and APA moving forward. ■



Photo by South Dakota Department of Tourism

Council of Representatives Update

Jodi Owen Psy. D.

COR met August 6th and 8th during the APA Convention in Washington, DC. One of the notable outcomes was a continuance of our recent work on reducing the size of Council, and move toward more nimbleness.

The Good Governance Project and subsequent work groups proposed several options, and last summer, we chose a blend of options that entails one seat for each constituency, plus some added seats to assure diversity.

During this meeting, there was a great deal of discussion on how these additional members would be chosen. It's looking like they will be

submitted/nominated by various means, but selected by the Board of Directors. There will be more to come on this issue in future meetings.

Also at this meeting, our debate was about whether to keep the apportionment concept, stick with the one seat per constituency, or go with "weighted" votes, so that a vote of someone representing a larger constituency would carry more weight than a vote from a member of a smaller constituency. This latter concept was voted down.

Therefore future action will be about how to fill Council seats fairly, with adequate representation, but also working toward nimbleness. ■

SOUTH DAKOTA PSYCHOLOGICAL ASSOCIATION

Annual Conference Invitation

Teri Hastings, Ph.D.

A quick reminder from your president-elect to register for our annual SDPA conference, **Teens and Tweens: Assessment, Therapy, and Other Adventures**, to be held September 13-14 in Rapid City, SD. We are enthusiastic about our speaker lineup and want to welcome not only psychologists and psychology students, but all disciplines. Ten CE hours have been approved for this venue.

We are fortunate to have Dr. Mark Carrier from California State University, Dominguez Hills to be our keynote speaker. His presentation is for a generous five hours on Saturday. He will present on social media behavior in youth; effects of computer devices on attention; and potential negative consequences of technology use. Dr. Carrier has extensive publications, honors, grants, fellowships, and long-term research in this area.

Additionally, speakers will address topics that are relevant to our region. Investigator BJ George from the Unified Narcotics Enforcement Team, Pennington County Sherriff's Office will speak on access and use of drugs in South Dakota youth. He will speak on Saturday as well. Dr. Bruce Fogas will present Sunday morning on Fetal Alcohol Spectrum Disorders, both assessment and interventions.

Out of town attendees are encouraged to make this a family-based weekend of touring the Black Hills area. Hotel accommodations at Fairfield Inn & Suites include the on-site Watiki Waterpark where your family can relax while you work. We are in easy driving distance to Mount Rushmore, Keystone, Custer, Deadwood, the Badlands, Wall Drug, and many scenic drives in our hills and canyons. Hope to see you there. ■



2014 SDPA Office Update

It's hard to believe that summer is almost over. It seems as if it just began and here we are with just a few weeks left. We hope you were able to find time to relax with family and friends and soak up some sun.

This past year, we have thoroughly enjoyed working with the Executive Committee and other volunteers of the South Dakota Psychological Association (Association). We would like to take this opportunity to thank each and every one of you for your support and commitment to the Association and the profession. Much has been accomplished within the Association this past year because of your hard work and dedication.

The last few months we have seen a few changes within the Executive Committee. After Scott Pribyl's many years of dedicated service as our Federal Advocacy Coordinator, he gave his formal resignation so that he can free up some time to pursue other endeavors and enjoy time with family. We appreciate the time that he devoted to this position throughout the years and the knowledge that he imparted on each of us. With that resignation, we welcomed a new Federal Advocacy Coordinator, Hilary Kindsfater. We look forward to having her serve on the Executive Committee. In addition, we have two new student representatives from the University of South Dakota, Christine Tirabassi and Rachel Nelson. They have been

great to work with and we look forward to working with them throughout the upcoming year.

The members of the Executive Committee, along with our office, have been working diligently on the Annual Conference. This conference will be held in Rapid City, September 13th-14th, 2014. There are 10 approved continuing education hours being offered during this conference. We have a great line-up of speakers. This is a conference you won't want to miss. If you haven't registered yet, please register soon to obtain the early bird rate. Information related to the conference can be found on the SDPA website or you may email our office to obtain further information.

We would like to take this time to thank all SDPA members for understanding the importance of your membership. Without your time and dedication to the Association and profession, the Association could not continue the work that it does on behalf of psychologists across South Dakota. If you are currently involved in the Association, thank you. To those of you who are not yet involved, it's time to get involved! We need you as part of our Association. Your participation in SDPA will help shape the future of the profession.

Enjoy the rest of your summer and we hope to see you at the SDPA Annual Conference! ■

2014 SDPA Annual Conference

Teens and Tweens: Assessment, Therapy and Other Adventures

AGENDA

Saturday, September 13

- 7:30 AM Registration
- 8:00 AM Speaker - Mark Carrier, Ph.D.
- 11:00 AM Break
- 11:30 AM SDPA Annual Meeting
- 1:00 PM Speaker - Mark Carrier, Ph.D.
- 3:00 PM Break and Poster Presentation
- 3:30 PM Speaker - BJ George, RCPD
*Synthetic Drug and Other Street Drug Abuse
in South Dakota Teens and Tweens*

Sunday, September 14

- 8:00 AM Speaker - Bruce Fogas, Ph.D.
Fetal Alcohol Syndrome/Effects
- 11:00 AM Poster Awards

10 CE Hours Approved

LOCATION

Fairfield Inn and Suites

1314 N. Elk Vale Road
Rapid City, 57703

DIRECTIONS

From I-90 Take Exit 61.
Merge onto Elk Vale Road and turn
on to Beale Street.

PRESENTERS



Mark Carrier, Ph.D., is a Co-Founder and Co-Director of the George Marsh Applied Cognition (GMAC) Laboratory at California State University, Dominguez Hills. He focuses on the effects of technology upon people in their everyday lives, especially on how technological devices and computer use relate to multi-tasking madness. He is a Professor in the Department of Psychology, and also is a Primary Investigator in the GMAC Brain Imaging Laboratory.

Dr. Carrier will present the results of research done in his laboratory that are relevant to the computer-based and online behaviors of children, tweens, and teens.

Investigator BJ George has worked for the Pennington County Sheriff's Office for over 10 years. He started out as a Patrol Deputy for approximately four years, then moved into Investigations where he investigated property crimes (burglaries, thefts, etc.) and people crimes (rapes, assaults, homicides, etc.). The last 4 ½ years he has been at Unified Narcotics Enforcement Team (UNET) working narcotic cases.



Bruce S. Fogas, Ph.D., is the Director of Therapeutic Services at Volunteers of America, Dakotas and practices psychology at Lifemarks Behavioral Health Services. He focuses on helping families who are experiencing complex emotional and behavioral problems due to learning, attention and intellectual disabilities. He is also an Assistant Professor in Psychiatry and Pediatrics at Sanford School of Medicine of the University of South Dakota, and serves as the psychologist on the Center for Disabilities FASD clinic in Sioux Falls.

This workshop will highlight the psychologist's role in the diagnosis and treatment of FASD. Brain Damage associated with prenatal alcohol exposure will be discussed, along with difficulties in identifying FASD versus other psychological problems.

Detailed Conference Information Is Available Online at www.psychsd.org.

2014 SDPA Annual Conference Registration Form

Enclosed is my registration for the SDPA Annual Conference to be held September 13-14, 2014 at the Fairfield Inn and Suites in Rapid City, SD.

Name: _____

Title: _____

Address: _____

Phone: (____) _____

E-mail: _____

Check Applicable Registration

2014 SDPA Member

Before August 22nd: \$175.00

After August 22nd: \$200.00

Other Professionals

Before August 22nd: \$200.00

After August 22nd: \$225.00

Student

Before August 22nd: \$25.00

After August 22nd: \$25.00

I will be attending the SDPA Annual Meeting on Saturday. (Please note: If you do *not* check this box then you will *not* be included in the meal count.)

I will need a special meal for the meal that is provided during the meeting—Please specify in the space below. _____

Other:

I/our agency would be happy to contribute \$25.00 to help sponsor the student poster awards. (Check payable to SDPA is enclosed.)

**10% discount off the usual fee for 6 or more individuals from the same agency, paying with the same check.*

Make checks payable to: **SDPA**

Please mail to:

SDPA

PO Box 7030

Pierre, SD 57501

Cancellation Policy: Cancellations received by September 5th: 100% refund, less a \$25.00 administrative fee. Cancellations received after September 5th: 50% refund, less a \$25.00 administrative fee.

Hotel reservations can be made by calling the Fairfield Inn and Suites (605) 718-9600. To receive the \$99.00 room rate, please reference the SD Psychological Association when you call to make your reservations.