# South Dakota SUMMER 2013 Psychological Association

### SDPA ANNUAL MEETING AND CONFERENCE From The Desk of the President

I hope everyone is having a good summer. Before we know it, it will be September and time for conference. Please note the different items in the newsletter. Conference promises to be a great learning experience and we will be voting on new, updated by-laws at our annual meeting. The draft of the by-laws was voted upon by the executive committee as ready to send to the membership for review before a vote. Please be watching for the mailing in the near future and give the By-laws your careful attention.

Also read the information from the Licensure Board. It will be important to note before your renewal.

### 2013 SDPA Annual Meeting and Conference

September 27-28, 2013 | Cedar Shore Resort in Oacoma, SD - For more information see page 4.



Sally Weyer, Ph.D.

Finally, please note another article that highlights the work that staff at Midwest Solutions provides for SDPA. This includes Rachel Day being our appointed Executive Director under the guidance of Brittany Novotny.

Hope to see you all at Conference.

### SDPA Executive Committee

President Sally Weyer, Ph.D.

Past President Liz Spivey, Ph.D.

President Elect Teresa Hastings, Ph.D.

Secretary/Treasurer Christy Hartline, Ph.D.

Federal Advocacy Coordinator Representative D. Scott Pribyl, Ed.D.

APA Council of Representatives Representative Jodi Owen, Psv.D.

Mental Health Coalition Representative Jodi Owen, Psy.D.

Member at Large Joe Blackinton, Ph.D.

Public Education Campaign Coordinator Laura Hughes, Psy.D.

Editor Sally Weyer, Ph.D.

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This e-newsletter has been sent to you as a member of the South Dakota Psychological Association (SDPA) or as a subscriber to this newsletter.

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**INSIDE THE ISSUE** 

A VITAL FUNDING



### Thank you APAPO!

The Association received a grant for office operations. We would like to thank the APA Practice Organization (APAPO) for awarding the SDPA a \$10,500 Committee for the Advancement of Professional Practice (CAPP) Grant to support SDPA's central office operations.

This grant is made possible from funds collected through the practice assessment of licensed psychologists and is awarded in the spirit of resource sharing to support projects aimed at promoting the practice of psychology.

The Association looks forward to continuing to work with leadership and staff of the Practice Directorate and CAPP as we confront the challenge of assuring the availability of psychological services in the changing health care delivery system. Please consider contributing to the APAPO through the practice assessment on an annual basis.

# AMERICAN PSYCHOLOGICAL ASSOCIATION PRACTICE ORGANIZATION FAC Update

During the past few months APAPO has continued to support psychologists and has requested our collective advocacy on a variety of issues. APAPO continues to push for the Medicare Physician Definition for psychologists (S.1064; HR.794) and is working to promote Medicare payment reform. Support has been offered for the Mental Health Improvement Act (S.698) and the Excellence in Mental Health Act. APAPO is working on issues of addressing gun violence and has provided education on the DSM-V and ICD-10.

Administratively, after 18 years of service to psychologists, Marilyn Richmond, J.D., has announced that she will step down at the end of the summer as APAPO Associate Director of Government Relations to take more time for her family. Doug Walter, J.D. will be assuming the Associate Director role moving forward. Marilyn has been a passionate and motivating professional and as the SDPA-FAC for the past 10 years, I say a big "Thank you."

Scott Pribyl, Ed.D.

Please respond when APAPO alerts you to areas of needed advocacy so that you can best help your patients and our profession. Among other resources, the APAPO Practice Update Newsletter is worth reviewing on a regular basis. Looking forward to seeing you in Chamberlain, SD for our SDPA Fall Convention in September!

# A Vital Funding Partnership

"During the past 10 to 15

years there has been increased

focus on ensuring a leadership

pipeline through expanded

involvement and funding for

graduate students and diversity

and early career psychologist

delegates"

Dan Abrahamson, Ph.D .

Assistant Executive Director, State Advocacy / APA & APAPO

For the past 30 years the American Psychological Association and currently, the APA Practice Organization (APAPO), sponsor an annual State Leadership Conference (SLC). Historically, SLC has served two primary purposes: training SPTA leaders to advocate for the profession and building stronger state, provincial, and territorial associations (SPTAs).

These two functions are viewed as synergistic in that successful advocacy, at state and national levels, requires strong organizations to serve as the base for these efforts. The conference culminates every year with attendees swarming Capitol Hill to advocate for a range of issues that impact psychology practice and the needs of those served by

psychologists. In 2013 SLC attendees held more than 330 meetings with Members of Congress and their staffs (Clay, 2013).

Of course, SLC serves many other purposes including networking, coordinating state and national advocacy agendas, and giving recognition for accomplishments

to name a few (Sullivan, Newman & Abrahamson, 2007). Additionally, during the past 10 to 15 years there has been increased focus on ensuring a leadership pipeline through expanded involvement and funding for graduate students and diversity and early career psychologist delegates.

The inclusion of diversity and early career psychologist (ECP) delegates at SLC has been a high priority for the APA Committee for the Advancement of Professional Practice (CAPP) that has required an additional investment of approximately \$50,000 per year by APA. This has paid off in numerous ways including continued growth in SPTA funding of these

participants to attend SLC. In 2013 an additional two dozen ECPs, Diversity Delegates, and graduate students received such SPTA funding to attend SLC. As a result of this growth in SLC participation many SPTAs have reported substantial increased involvement by these often underrepresented groups within their associations.

### [Continued]

In recent years a number of state, provincial, and territorial association (SPTA) leaders have inquired as to the rationale for funding of the State Leadership Conference. It is an excellent question with a long historical basis. Since one of the realities of professional associations is a degree of built-in turnover in leadership it is important to periodically address this issue. It is essential that SPTA leaders understand the responsibilities their associations have to support State Leadership Conference as a partnership between APA, APAPO and the SPTAs.

The cost of bringing hundreds of SPTA leaders to Washington, DC for four days of advocacy and leadership training is substantial and far beyond what APA alone could be expected to cover. From the beginning SLC was conceptualized as a cost sharing arrangement between APA and the SPTAs. In order to assure a minimum level of involvement, APA and APAPO have always provided full funding for most Federal Advocacy Coordinators and all SPTA Executive Directors. Partial funding is then provided for Presidents and Presidents-elect in the form of 50% coverage for travel and a waived registration fee of \$500 per person. But even fully-funded attendees are limited to the cost of airfare (or equivalent) and hotel nights. All incidental expenses including ground transportation, baggage fees and non-function meals are the responsibility of the traveler or SPTA.

Through APA's Public Education Campaign all SPTA Public Education Coordinators receive full funding to attend their annual meeting that coincides with SLC. This represents an additional substantial investment by APA to assure that all SPTAs are well-represented at SLC. Additionally, all SPTAs are allowed to bring up to two completely unfunded delegates to SLC without incurring a \$500 registration fee per attendee.

Despite the support provided by APA and APAPO many SPTAs are still challenged to allocate the resources needed for their Presidents and Presidents-elect to attend SLC. This can be especially true for small associations and is one of the reasons that CAPP Organizational Development Grants and convention subsidies for Executive Directors from small SPTAs are so important to this equation. In the end it may still not be feasible for a number of SPTAs to support some key SLC participants and in many cases those individuals use personal resources to make their attendance at SLC possible. In this regard the critical partnership between APA, APAPO and SPTAs that makes SLC work extends to individual members who give of their own time and money to support the profession. ■

#### REFERENCES

- Clay, R.A. (2013, May). Leaders at the State Leadership Conference explored how psychologists can get Involved as implementation of the Affordable Care Act kicks into high gear. Monitor on Psychology 44(5), 53-54.
- Sullivan, M.J., Newman, R., & Abrahamson, D.J. (2007). The State Leadership Conference: A history and appreciation. Psychological Services, 4,123-134.

### News from the Licensure Board

The purpose of this message is Administrative Rules of South Dakota (ARSD) rules change. In May 2012, SDPA agreed to the following changes, none of which have yet to be enacted, as we got bogged down in the failed attempt to have the licensing act include APA or CPA accreditation.

1. Supervisory relationship for persons exempt from licensure and those in their post-doc year of supervised practice:

a. Current reading: Supervision must be provided by one or more psychologists actively licensed at the doctoral level by the board.

b. Proposed revision: Supervision must be provided by one or more psychologists actively licensed at the doctoral level by the state in which the supervised practice takes place.

2. Supervision must consist of a minimum of two hours a month of regularly scheduled, formal face-to-face supervision with each individual supervised

a. Currently this applies for those in post-doc year of supervised practice and for those in exempt status.

b. Proposed change applies only to those in exempt status: "The type and frequency of supervision is to be determined by the supervising psychologist"

The following proposed revision was not presented to SDPA, as this revision is of recent vintage. The annual renewal fee for a license will

Fred Magnavito, Ph.D. Member of Licensing Board

be \$300.00. This is an increase from the current \$200.00. The reason for the change is increased board expenses as per general economy. The board is self-supporting, with no contributions from the state, even though it is a state agency. The rules change will generate approximately \$19,700 additional Board revenue annually. The cash balance for the board has annually decreased approximately \$10,000. See below:

12/31/10	\$43,166.99
12/31/11	\$33,314.52
12/31/12	\$22,725.38

The board hasn't increased fees in about 20 years. If the board doesn't increase fees by the next renewal period, June 30, 2014 the board will be running at a deficit. If you have questions or comments, please feel free to contact members of the licensure board. Check <u>http://dss.sd.gov/behavioralhealthservices</u>



## SOUTH DAKOTA PSYCHOLOGICAL ASSOCIATION 2013 SDPA Annual State Conference & Meeting

"Agricultural Behavioral Health: What We Need to Know to Serve Agrarian Populations."

### **CONFERENCE & MEETING SCHEDULE**

Friday, September 27

08:00 AM	Wellne	ess Activity
09:00 AM	Regist	ration
10:15 AM	Speak	er - Michael R. Rosmann, Ph.D.
11:30 AM -1:	30 PM	SDPA Annual Meeting

01:30 PM	Speaker - Michael R. Rosmann, Ph.D.
03:00 PM	Break
03:15 PM	Speaker - Michael R. Rosmann, Ph.D.
05:00 PM	Close main session

Saturday, September 28

08:30 AM	Speaker - Michael R. Rosmann, Ph.D.
10:00 AM	Break / Poster Session
10:30 AM	Speaker - Michael R. Rosmann, Ph.D.
12:15 PM	Poster Awards

Conference Concludes at 12:30 PM

12:30 PM -1:30 PM **Executive Committee Meeting** 

### **Objectives**

 Participants will learn the origins of agriculture and how agriculture shaped modern society. • Participants will understand how the Agrarian Imperative, an inherited drive, impacts the lives of agricultural producers, rural residents and all people.

· Participants will learn about genetic and cultural predispositions to anxiety and depression that have an agrarian basis.

### PRESENTERS



Michael R. Rosmann, Ph.D. is a psychologist and farmer whose life's work involves improving the behavioral health of the agricultural population. He received a bachelor's degree from the University of Colorado and M.S. and Ph.D. degrees in clinical psychology from the University of Utah. After a stint on the Psychology Department faculty at the University of Virginia, Rosmann and his family moved to their family farm in western lowa 34 years ago, where he was an organic beef and mixed grain farmer until 2000. Since then Rosmann has served

on the faculty of the Department of Occupational and Environmental Health at the University of Iowa and traveled worldwide to teach.

Currently he is Adjunct Professor at the University of Iowa. He is also adjunct faculty at the University of South Dakota. Rosmann writes a syndicated weekly column, Farm and Ranch Life, for many U.S. and Canadian agricultural newspapers, with approximately 1M subscribers. His 2011 book, Excellent Joy: Fishing, Farming, Hunting and Psychology, received the Silver Book of the Year Award from Foreword Reviews in the nature category. In 2012 the American Psychological Association honored him with its State Leadership Award "for his exceptional service to the profession of psychology as a resolute advocate for rural mental health." This year Rosmann was elected to the APA Committee on Rural Health. He contributes frequently to many farming magazines, national television and radio programs and is the author of more than a hundred scholarly journal articles and book chapters.

· Participants will acquire information about the diagnosis, effects, and treatment of agricultural chemical exposures on persons who work with these substances, as well as on the general population.

• Participants will learn how to make behavioral healthcare services acceptable (culturally attuned, accessible and affordable when finances/insurance are insufficient)

Participants will acquire skills to undertake active and urgent interventions when needed.

### Name Title Company Address City/State/Zip: I will be attending the SDPA Annual Meeting on Friday Phone: I will need a special meal for the meal that is provided during the meeting п E-mail Please Specify: п \* 10% Discount off the usual fee for 6 or more individuals from the same agency, paying with the same check!

\* Cancellations received by September 15, 2013: 100% Refund, less a \$25 administrative fee. \* Cancellations received after September 15, 2013: 50% Refund, less a \$25 administrative fee.

Any further questions? Contact SDPA Office at (605) 224-8118 / SDPA@midwestsolutionssd.com

### SDPA 2013 ANNUAL STATE CONFERENCE REGISTRATION

Check Applicable Registration:	Before Sept. 6	After Sept. 6
2013 SDPA Member	\$150.00	\$175.00
Other Professionals	\$175.00	\$200.00
Student	\$35.00	\$35.00

l/our agency would be happy to contribute \$25 to help sponsor the student poster awards. (Check payble to SDPA is enclosed.)

Make checks payable to SDPA and send it to:

South Dakota Psychological Association BOX 7030 - Pierre, SD 57501

## 2013 SDPA Office Update

This past year, we have thoroughly enjoyed working with the Executive Committee and other volunteers of the South Dakota Psychological Association. We would like to take this opportunity to thank each and every one of you for your support and commitment to the Association and to the profession. The Association currently has 37 members. If there are psychologists that you know that are not currently members, please encourage them to join. Some highlights from this past year include the following:

The Association was prepared to take part in a legislative event this past session, educating law makers on the profession of psychology and issue of importance to the profession. Unfortunately, South Dakota weather interfered and the event had to be cancelled. The Association did provide written material to legislators about the profession and the Association. The Association plans to take part in this event next year.

The Association will hold its Annual Conference September 27-28, 2013 in Chamberlain, SD. We are very excited about this event and the new time frame. We hope this time frame fits well with member schedules. Further information regarding the Conference will be mailed this summer and information will be posted on the Association's website and Facebook page.

### SDPA Website SDPA Facebook page

We would like to thank all SDPA members for understanding the importance of your membership. Without these dues and volunteer hours, the Association could not continue the work that it does on behalf of psychologists across South Dakota. If you are currently involved in the Association, thank you for the time and energy that you dedicate to this organization and to the profession. If you are not currently involved in the Association, it's time to get involved! Your participation in SDPA will help shape the future of the profession. ■

### Introducing SDPA Office Staff

**RACHEL DAY** provides support in the areas of event planning, member relations and board administration. Rachel is currently pursuing a business marketing and management degree. Rachel has experience in event planning, member relations, financial administration and board administration.

**DOHUI KIM** provides support in the areas of marketing/graphics and website. Dohui is originally from South Korea. Dohui graduated Magna Cum Laude from Northern State University in Aberdeen with a B.S. in Finance, B.S. in Business Administration and Economics minor. Dohui also holds a B.A. in International Relations from Pukyong National University in Pusan, South Korea. Dohui is currently pursuing her M.B.A.

**BRITTANY NOVOTNY** serves as the Association's lobbyist and provides oversight for Association projects and events. Brittany holds a Juris Doctor and Master of Business Administration with an emphasis in Health Service Administration from the University of South Dakota. Please note that Rachel Day now holds the title of executive director under the guidance of Brittany Novotny.

