

# South Dakota Psychological Association – Spring 2010

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## Message from the President

Please join us for the annual SDPA Conference on May 14 & 15, 2010 at the Cedar Shores resort in Chamberlain, SD. We are trying a new format this year with the conference beginning at 8:00 am on Friday and ending at 1:00 pm on Saturday. Friday we will have the APA Insurance Trust present on Risk Management with High Risk Populations. This training yields 6 CE credits and a significant discount on professional liability insurance through APAIT. Saturday's focus is on current issues in professional psychology in South Dakota with research updates from doctoral students and controversies regarding postdoctoral licensing issues from the University of South Dakota's Advocacy Coordinating Team, an update from the SDPA licensing board, and the annual meeting of SDPA. This year we have had excellent representation by SDPA at the national level in the healthcare reform process, with meetings in Washington D.C. with Senator Thune, Senator Johnson's staff, Representative Stephanie Herseth-Sandlin, and leadership at APA in the Council of Representatives. SDPA members have also provided spirited representation on the state level on Medicaid billing controversies affecting all psychologists working in hospital settings in South Dakota. We will update you on all the relevant news at the annual meeting. Please join us!

Best regards, Laura Hughes Psy.D. SDPA President 2010

For more information, feel free to contact the SDPA office or the website.

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#### MENTAL HEALTH PRACTICE

#### UPDATE ABOUT MEDICAD REIMBURSEMENT

The Division of Medical Services of the Department of Social Services (DSS) has clarified that psychologists will be reimbursed for psychiatric diagnostic interview examinations (90801) with Medicaid recipients who are seen in a DRG-exempt inpatient psychiatric facility. This can be done on the same date that a psychiatrist might also provide the 90801 service. Two psychologists could not provide a 90801 on the same date for the same person. The psychological services must be ordered by the recipient's attending physician. Medical Assistance will also pay for neuropsychological testing billed more correctly using the CPT Code of 96118 rather than using 96101. It was also clarified that Federal Law prohibits Medicaid to be the payer source for medical (including mental health) services for recipients who are incarcerated in a correctional facility.

It was also noted that DSS is not seeking to expand the scope of services provided by psychologists or other providers due largely to current economic conditions. The administrative rules pertaining to services provided by independent mental health professionals, particularly in acute inpatient and psychiatric residential treatment facilities are under review. Psychologists have been told we will be given the opportunity to review these changes.

FEDERAL ADVOCACY NEWS

South Dakota was represented at APA's State Leadership Conference

March 6 - 9, 2010 in Washington D.C., by Laura Hughes, our SDPA President, Scott Pribyl, our Federal Advocacy Coordinator, and Michael Wyland, our Executive Director. The theme of this year's conference was "The Power of Advocacy." Our visit to Capitol Hill including advocating for three Medicare requests: extending through 2011 restoration of outpatient mental health reimbursement cut by CMS; making psychologists eligible for "psychotherapy and evaluation and management" code reimbursement; adding psychologists to the Medicare "physician" definition. Concerning Health Care Reform, our "ask" was to pass health care reform that integrates psychological services in primary care, preventive services and benefit packages.

Our SD delegation met with Stephanie Herseth-Sandlin and her Legislative Director, Josh Albert. Stephanie was gracious to spend a good deal of time with us and was very supportive of our "asks." In Senator John Thune's office we met with Jane Tschetter, his Legislative Assistant. Jane is a newer staffer and shared that John would be very concerned about his perceptions as to the budget impact of any of our requests. In Senator Tim Johnson's office we met with Megan DesCamps, his Legislative Assistant, and with Hannah Hagstrom, his Research Assistant. They represented that Tim would be supportive of our "asks," and in fact, Tim has been very supportive of APA's positions over the years.

As your SDPA - Federal Advocacy Coordinator, I continue to seek out any of you that have some type of personal connection to Stephanie Herseth, John Thune, or Tim Johnson. That might be a direct personal connection, a connection to one of their staffers, or a connection to a family member. The goal is to have available "quality contacts" at certain points in the advocacy process - since most of us are in the "relationship business," I'm sure you understand this desire. Please don't be shy; if you have a connection to one of our Congresspersons - please let me know!

The State Leadership Conference reminds us that our collective advocacy continues through the "three legged stool" of direct lobbying, grassroots contact and political giving to Congressional campaigns. We all benefit from those who have come before us, and those who continue to maintain ongoing advocacy. Please consider adding to your advocacy practice this year and let me know if the SD Executive Board can be of any assistance.

Scott Pribyl, Ed.D., SDPA-FAC Licensed Psychologist Great Plains Psychological Services 4105 S. Carnegie Place Sioux Falls, SD 57106 605-323-2345

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#### STUDENT NEWS

(Editor's note: This section is devoted to news from student psychology organizations on campuses of our state universities.)

## USD Advocacy Coordinating Team Addresses Licensure Requirements

At USD, the Advocacy Coordinating Team has been continuing to work on our planned advocacy effort to remove the one year post-doctoral requirement from the current licensing law. We have met with a state legislative representative as well as a member of the licensing board. In June, just after the SDPA conference, we will travel to a meeting of the state licensing board to present our case to them. Right now, we are looking for support from the SDPA constituency. At SDPA we will give a brief talk on the proposed changes and see where the members stand on the issue. We are also planning two other 'possible' initiatives for the future: (1) increasing reimbursement rates for neuropsychologists, and (2) looking into adding prescription privileges for appropriately trained psychologists (a recent APAGS and APA Early Career Psychologists initiative). Last semester we had a debate over the latter issue which raised some very interesting questions. We are certainly interested in comments that SDPA members may have about any of the above topics. Finally, as you all know by now, the health care reform bill has passed. Although individuals on both sides of the aisle are extremely polarized on the issue, we as students are trying to see the opportunities that this new bill will allow. We'll have more on this topic in a future newsletter. In the mean time, the students are looking forward to an exciting and interesting conference.

Rob Dvorak, SDPA Student Representative

Advocacy Coordinating Team Clinical Training Program The University of South Dakota

## BHSU PSYCHOLOGY CLUB RESEARCH AND COMMUNITY ACTIVITIES

The psychology students at Black Hills State University have had a busy semester taking part in a number of research and community service projects. Five students had the opportunity to present their own psychological research at the Black Hills Research Symposium, as well as, the National Conference of Undergraduate Research in Missoula, Montana. The five students are members of Dr. Scott Stoltenberg's research project looking at the relationships between genetics, impulsivity, and health risk behaviors. The research being presented by the students utilized the data collected from this larger study. Research team member Brett Montieth took the award for best poster presentation at the Black Hills Research Symposium.

The Black Hills State psychology club has also stepped into the research realm of psychology and is attending the Rocky Mountain Psychological Association conference in Denver. This trip is intending to give those going a better understanding of psychological research, as well as, a look into the new advances in the field. The psychology club has also been very active with community projects and fund raisers. The club helped put on a "Date Safe" presentation which was held on campus earlier this semester and brought educational information to students about abuse in relationships and tips on safe dating. A number of fund raisers are also in the works for the club including, The March of Dimes, Relay for Life, and a Haiti relief project.

Ava Sauter psychology major Black Hills State University

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SDPA Executive Committee

Current President: Laura Hughes\*

Past President: Kari Scovel

President Elect: vacancy

Secretary/Treasurer: Melissa Boyer

Member at Large: Sally Weyer

Mental Health Coalition: Mark Perrenoud

Federal Advocacy Coalition: Scott Pribyl

Student Representative: Rob Dvorak

Council of Representatives: Jodi Owen

Michael Stone, prior President resigned his position citing personal and professional obligations. Laura Hughes will complete his term.

GET TO KNOW YOUR SDPA EXECUTIVE COMMITTEE

#### Laura Hughes, Psy.D., SDPA President

Dr. Laura Hughes is currently working as a Clinical Psychologist at Ellsworth Air Force Base in Rapid City. Licensed in South Dakota 2008. Licensed in 1997 in Illinois. Previous professional involvement has been in hospital, academic (core faculty and training director of predoctoral and post-doctoral training program), prison, and private practice settings. Areas of particular professional interest include: military psychology, PTSD, women's issues, serious mental illness, and health psychology. Personal interests include kayaking, hiking (anything outside), and most importantly, her three daughters! Goals as President of SDPA: (1) Facilitate the development of a new website and (2) Increase awareness of the many contributions of SDPA members to the field of professional psychology in South Dakota. Please contact me anytime at: laura.hughes@mac.com

#### Jodi Owen, Psy.D., APA Council of Representatives

Dr. Jodi Owen is a Licensed Psychologist and has been Clinical Director of Capital Area Counseling Services (CACS), Inc. in Pierre, SD since January 2002. She provides psychological evaluations for children, adolescents and adults, forensic evaluations, consultation to local schools, and therapy for individuals, couples, and families. She provides supervision of staff and oversees the clinical aspects at CACS. In addition, Dr. Owen specializes in treatment of individuals who have sustained trauma.

Dr. Owen grew up in Ft. Pierre, graduated from Stanley County HS in 1988, and received her undergraduate degree in Psychology from the University of Minnesota, Morris in 1992. She did her graduate training at Florida Tech School of Psychology and received her Doctor of Psychology degree in September 2000.

Dr. Owen's clinical internship was at W. S. Hall Psychiatric Institute in Columbia, SC where she provided psychological evaluation and treatment of children, adolescents, adults, veterans, and forensic populations in both inpatient and outpatient settings. Her post-doctoral experience was at Bryan Psychiatric Hospital in Columbia, SC, an adult inpatient hospital, and in private practice where she worked with children and families involved in divorce.

She enjoys roller-blading, boating, Pilates, motorcycling, ballet, has two cats, one dog, and does foster care for Humane Society dogs.

#### SAVE THE DATE

### **SDPA Annual Conference**

May 14-15, 2010, Chamberlain, SD.

Division 1 meeting on evening of May 13, 2010

### SDPA Conference Agenda:

May 14 2010 (Friday):

8:00 – 4:00 APAIT Risk Management Training (6 CE credits)

#### May 15 2010 (Saturday)

9:00 – 9:30a Graduate student poster presentations & awards

9:30 – 10:00a Post-doctoral licensing – national trends & the case for licensure after achieving the doctoral degree (APAGS/ Rob Dvorak)

10:15 – 11:00a SD Licensing Board – update from the board on SD issues and complaints

11: 15 – 12:45 SDPA Annual Meeting (lunch provided)

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#### SHARE WITH A COLLEAGUE

## **Report from the APA Council of Representatives**

#### AMENDMENTS TO ETHICS CODE

Council voted to approve the following amendments to the *Ethical Principles of Psychologists and Code of Conduct* (2002):

From the Introduction and Applicability section:

If psychologists' ethical responsibilities conflict with law, regulations, or other governing legal authority, psychologists make known their commitment to this Ethics Code and take steps to resolve the conflict in a responsible manner [.If the conflict is irresolvable via such means, psychologists may adhere to the requirements of the law, regulations, or other governing authority] in keeping with basic principles of human rights.

From Ethical Standard 1.02:

1.02 Conflicts Between Ethics and Law, Regulations, or Other Governing Legal Authority

If psychologists' ethical responsibilities conflict with law,

regulations, or other governing legal authority, psychologists <u>clarify the</u> <u>nature of the conflict</u>, make known their commitment to the Ethics Code and take <u>reasonable</u> steps to resolve the conflict <u>consistent with the</u> <u>General Principles and Ethical Standards of the Ethics Code</u>. [If the conflict is irresolvable via such means, psychologists may adhere to the requirements of the law, regulations, or other governing legal authority.] <u>Under no circumstances may this standard be used to justify or defend violating human rights.</u>

From Ethical Standard 1.03:

#### 1.03 Conflicts Between Ethics and Organizational Demands

If the demands of an organization with which psychologists are affiliated or for whom they are working <u>are in</u> conflict with this Ethics Code, psychologists clarify the nature of the conflict, make known their commitment to the Ethics Code, and [to the extent feasible, resolve the conflict in a way that permits adherence to the Ethics Code.] <u>take reasonable steps to resolve the conflict consistent with the General Principles and Ethical Standards of the Ethics Code. Under no circumstances may this standard be used to justify or defend violating human rights.</u>

#### Also:

Council received an update on the San Diego Convention and the Manchester Grand Hyatt. Because of the owner's outward, public discriminatory views about Gay/Same-sex Marriage, and the resultant feelings of disenfranchisement by our GLBT counterparts, Council voted to request that Council's August 2010 meeting be moved from the Manchester Grand Hyatt to another venue.

Jodi Owen, Psy.D., SDPA representative to APA COR

#### NATIONAL HEALTH SERVICE CORPS

The National Health Service Corps (NHSC), through its Loan Repayment Program, helps Health Professional Shortage Areas in the U.S. get the medical, dental and mental health providers they need to

meet their tremendous need for health care. The NHSC Loan Repayment Program provides \$50,000 (or the outstanding balance of qualifying student loans if it is less than \$50,000), tax free, to mental health clinicians in exchange for 2 years of service at an approved site in a Health Professional Shortage Area. Upon completion of the service commitment, clinicians may be eligible to apply for (NHSC) additional support for extended service. Mental health clinicians include: Psychologists, Licensed Clinical Social Workers, Psychiatric Nurse Specialists, Marriage and Family Therapists and Licensed Professional Counselors. If you are interested in more information or would like to know how to become an approved site, please contact a SD NHSC Ambassador:

KarenCudmore

karen.cudmore@state.sd.us

Editor: Sally Weyer, Ph.D.

The e-newsletter has been sent to you as a member of the South Dakota Psychological Association (SDPA) or as a subscriber to this newsletter. SDPA's mailing address is: PO Box 460, Sioux Falls, SD 57101-0460. Phone (605) 336-0244.

Please direct all inquiries to Michael Wyland, SDPA Executive Director, at Sumption & Wyland, 818 South Hawthorne Avenue, Sioux Falls, SD 57104 (605) 336-0244.